

## Top Ten Tips

<b>1</b>	Create an 'Acceptable Use Agreement' for your families to facilitate conversation. Ensure that children are involved with this process.
<b>2</b>	Set up safe search & security controls with a platform such as Family Zone <a href="http://www.familyzone.com/au/">www.familyzone.com/au/</a>
<b>3</b>	Agree on where computers, laptops & mobile devices can be used in the home (such as in bedrooms, lounge rooms, etc).
<b>4</b>	Lights out = wifi off.
<b>5</b>	Agree on screen time use; decide on 'screen free' times during the day and night. Have regular family activities that don't involve devices.
<b>6</b>	Get involved – show an interest in what your child is doing online.
<b>7</b>	Talk to your child's teacher/s and school.
<b>8</b>	If your child reports an issue to you, don't threaten to take away their device – this may force them to become secretive.
<b>9</b>	Learn how various social network/game services work. Use websites such as the 'Games, Apps & Social Networking' from the eSafety Office.
<b>10</b>	If cyber bullied; 1. Don't retaliate, 2. Collect evidence, 3. Report, 4. Change privacy setting, 5. Block and 6. Tell a trusted adult.