



The Nedlands Primary School Board parent information series is offering the following opportunity

Developing a Growth Mindset Presentation

Date: *Thursday 23rd November 2017*

Time: *7pm to 8pm*

Place: *The Altius Centre*

Would you like to be able to maximise your child's learning potential through increased motivation and effort?

Come along to a parent session on **Developing a Growth Mindset** where you will learn practical strategies to help your child develop a growth mindset, shown to increase their motivation, effort and learning.

The session will focus on the work of Prof Carol Dweck, describing growth and fixed mindsets, detail research findings on the benefits of growth mindset plus provide practical strategies that you can implement at home to promote both your child's growth mindset as well as your own.

Presenter: Kirstie Walker BSc(Nursing), DipHE (Midwifery), MHSM, MAPP is a member of the Nedlands Primary School Board Wellbeing Sub Committee, wellbeing educator and facilitator with a passion for promoting children's resilience, grit and growth mindset. She worked in both the acute and public health arena as a nurse, midwife, and senior project officer before completing a Master of Applied Positive Psychology. She now focuses on the application of positive psychology principles to improve and develop children's mental health and wellbeing.

I have a
GROWTH MINDSET!



RSVP your interest to
nedlands.ps@education.wa.edu.au

Please indicate how many adults will be attending in your email and in the Subject Block : Mindset Presentation

Thank you